

Coaching Agreement:

**** Please sign, take a picture of these pages and email to camille@romancecoachonthego.com prior to your first session so I have a signed Coaching Agreement on file.**

Welcome!

I have great expectations for our coaching/client relationship so, together we can create a great life and love relationship for you! To partner together professionally, I want you to be familiar with the guidelines:

*Relationship Coaching with me, **if you're single** is based on helping you discover why you're in an uncomfortable place in your life, how to heal from it, learn healthy dating, and attract your soulmate. **If you're married, or in a relationship**, we'll discover why you're struggling, how to move beyond the struggle and create the kind of relationship with your spouse or partner that you may have only dreamed possible!*

Coaching is a partnership between the Coach and the Client to help you think and feel your way through problems to create a lifelong loving relationship. I agree to maintain ethics and standards of behavior based on the Hendricks Institute certification.

As a Client, you are responsible for creating and implementing your own physical, mental and emotional well-being, decisions, choices, actions and results. Video or in-person Coaching will require a very active effort on your part. In order for coaching to be most effective, you will have to work on things we talk about both during our sessions and outside of our sessions.

As such, the you, as the Client agree that the Coach is not and will not be liable for any actions or inaction, or for any direct or indirect result of any services provided by the Coach. You understand coaching is not therapy and does not substitute for therapy, if needed, and does not prevent, cure or treat any mental disorder or medical disease.

Coaching can have benefits and risks. Since coaching often involves discussing unpleasant aspects of your life, you may experience uncomfortable feelings like sadness, guilt, anger, frustration, loneliness, and helplessness. On the other hand, coaching has been shown to have many benefits. Coaching often leads to better relationships, solutions to specific problems and significant reductions in feelings of distress. However, there are no guarantees of what you will experience.

Our first few sessions will involve an evaluation of YOUR needs. Every session is specifically devoted to you where we focus on helping you overcome your problems and transform your life into the life you really want to be living. Together, we will decide if we're a good fit after the first 2 sessions.

The Client understands that coaching is not to be used as a substitute for professional advice by legal, mental, medical or other qualified professionals and will seek independent professional guidance for such matters. If the Client is currently under the care of a mental health professional, the Coach will recommend the the Client inform the mental health care provider.

The Client authorizes Coach Camille to release information if the Client appears to be willing to harm themselves.

The Client agrees to communicate honestly, be open to feedback and create the time and energy to participate fully in the program. The Client will also be prepared to see dramatic positive changes in their life and learn to be comfortable with those changes.

Camille Evans Paterson

Coaches Signature

Clients Signature

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